

# Easy Chicken Salad

Ingredients:



- 16 oz cooked shredded chicken breast
- 3/4 cup mayonnaise
- 1 tsp garlic powder
- 1 Tbsp Dijon mustard
- 2 Tbsp dill relish
- 1 Tbsp diced red onion

Mix all ingredients together and serve with egglife wraps, lettuce wraps or meat chips. Store in refrigerator for 3-4 days.

6 servings

One half cup has:

Total Carbs: 1g

Protein: 24g

Fat: 26g

Calories: 336