

# Sheet Pan Shrimp, Sausage & Veggie Meal



## Ingredients:

- 1 lb Smoked Sausage or Kielbasa
- 1 lb Uncooked Shrimp
- 1 – 2 lbs Mixed Vegetables (I use 1 yellow squash, 1 Zucchini, 1 pint cherry tomatoes, 1 small bunch of asparagus)
- 1/8 Cup Redmonds Real Salt Chili Lime Seasoning
- Olive Oil

Chop sausage & vegetables into small pieces. Spread all ingredients over sheet pan. Drizzle olive oil all over and then sprinkle spice and mix in.

Place in preheated 400 degree oven and bake for 15-20 minutes.

Enjoy.