

# Protein Skillet Cookie



## Ingredients:

- 1 Tbsp melted butter
- 2 eggs
- 2 scoops flavor of your choice [Equip Prime Protein Powder](#) use my code LOWCARBREVELATION For a Discount
- 1 tsp baking powder
- pinch of salt
- 1 heaping Tbsp full fat Greek yogurt
- 1/8 cup sugar free chocolate chips (optional)

Mix all ingredients together. Grease a 6.5" small iron skillet with butter. Pour batter into skillet. bake in preheated oven 350 degree oven for 14-16 minutes.

Serves 2

One Serving has;

total carbs 3g

protien 31g

fat 12g

calories 234