Hot Chocolate Sugar Free



Ingredients:

- 1/2 Cup Unsweetened Cocoa Powder
- 1 Cup Monkfruit Granular Sweetener
- A Pinch of Salt

Mix all together in a jar with a lid. I like to put the ingredients in, add the lid and give it a shake.

When you're ready for a cup, warm your water or milk of choice, I like to use macadamia nut milk and a dash of heavy cream. Once warmed, add a couple of teaspoons of the cocoa mix to your milk and whisk.

I top mine with homemade whipped cream that I make in this dispenser: https://amzn.to/3XguyPX

One tsp cocoa mix has less then 1 carb