

Crackers Two Ingredients

This recipe is so easy and just two base ingredients. You can add whatever seasoning you want.

Ingredients:

- 1 Cup Almond Flour
- 1 Cup Real Grated Parmesan Cheese
- Seasonings

Mix almond flour and cheese together and add 2-3 tablespoons of water until a soft dough forms.

Roll dough out really thin in between two pieces of parchment paper.

Cut into bite size pieces with a pizza cutter.

Place parchment onto a baking sheet and bake dough for 15 minutes at 350 degrees.

Remove from oven and let completely cool, then break apart and store in an airtight container.

I don't provide nutritional information on my recipes. I may include the carb count. I count total carbs and that's it. With all of my recipes I recommend using Carb Manager for your Macros. Just enter your ingredients there to get your nutritional information.

Different brands of the same ingredient can contain a different amount of carbohydrates. "SERVING SIZE" perception can also be different from one person to another.