

Homemade Taco Seasoning



I have been making my own taco seasoning for a long time. It's

easy and easy to get ingredients, you maybe already have all of them already.

Ingredients

- 6 tablespoon chili powder
- 4 teaspoon ground cumin
- 3 teaspoon paprika
- 2 teaspoon garlic powder
- 2 teaspoon onion powder or dehydrated onions or both
- 1 teaspoon black pepper
- 1/8 – 1/4 teaspoon cayenne pepper
- 2 tsp salt

Mix all together and that's it. I store mine in a pint jar in my spice cabinet. You can change up any of the ingredients if you don't like something or if you like it more spicy, that's the beauty of this blend.

Serving Size one tsp

Total Carbs 1g

Fiber 1g

Calories 7